Prescription Opioid Abuse: Challenges and Opportunities for Payers

13th Summit Meeting
Tufts Health Care Institute
Program on Opioid Risk Management

Nathaniel Katz, MD, MS – Colonnade Hotel, Boston – June 3-4, 2010
THCI
Program on Opioid Risk Management

- October 2005 - Opioid Abuse Resistance
- September 2006 - Best Practices in Opioid Risk Management
- November 2006 - Development of Abuse Deterrent Formulations
- March 2007 - Responding to Signals of Opioid Abuse
- September 2007 - Understanding Types of Rx Opioid Abusers
- March 2008 - Sources of Diverted Prescription Opioids
- June 2008 - The Role of Urine Drug Monitoring in Pain Management
- November 2008 - Co-ingestion of Alcohol with Prescription Opioids
- April 2009 - Prescription Monitoring Research Update
- July 2009 - REMS for Prescription Opioids
- March 2010 – Dentisis and Prescription Opioid Abuse
Prescription opioid abuse: Payer issues

- Poor quality of care
  - Drug abuse
  - Pain management
- Work-related consequences
- Costs of care
- Legal liability
- Paying for drugs ingested non-medically
Payer opportunities

- Prescriber training
- Patient training
- Formulary policies
- Case management
- Prevention within pain management practice
- Prescription monitoring
Meeting Objectives

- To review the impact of prescription opioid fraud and abuse on health care payers, other payers, and their customers.
- To understand payers’ perspectives on these issues, and clarify facilitating factors and obstacles in payers proactively addressing these problems.
- To review current knowledge about the effectiveness of payer-based approaches to addressing Rx opioid abuse.
- To develop recommendations for payer-based approaches to Rx opioid abuse.
Meeting Deliverables

- Best practices for health insurers in preventing and managing prescription opioid fraud and abuse (Breakout 1)
- Optimizing clinical care to prevent and treat Rx opioid abuse (Breakout 2)
- Impact of prescription opioid abuse on broad family of payers (Breakout 3)
Housekeeping Notes

- Restrooms in the back
- Your packets
- Fill out your evaluations
- Thumb drives tomorrow
- Turn on/off your microphone
- Lunch in lobby…staff will direct you
- Have fun
Thanks!!!

- THCI: Rosemarie Curran, Amy Rosenstein, Sarah Haile, Rosalie Phillips
- Co-Pilot: George Kenna
- Steering Committee
- Our financial supporters
- You, our participants