

Systems Changes to Improve Opioid Prescribing

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Alliance of States with
Prescription Monitoring Programs

The Problem

- Doctor Shopping and prescription fraud (counterfeits, forgeries and theft) contributes to the misuse and diversion of controlled substances and to the rising cost of health care.

Tackling the Problem

- New Statewide Prescription Program
- Practitioner Notification Program
- Regulations to address prescription fraud and access to cs
- Outreach Programs

Tackling the Problem

- New Statewide Prescription Program
 - All Prescription must be on Official Forms
 - Practitioners and Facilities Registration
 - Prescriptions were issued at no cost
 - All controlled substances must be reported including out of state prescriptions

Tackling the Problem

- New Statewide Prescription Program
 - Issued over 200 million
 - Registered 97,000 practitioners
 - Registered over 2100 health facilities
 - Receiving over 14 million records
 - On-line ordering process
 - Redesign and enhanced the prescription security features

Tackling the Problem

- Practitioner Notification Program
 - Analyzed the data
 - Determined priorities
 - Developed the programming
 - Worked towards a secure electronic process for practitioners to query PMP data

Tackling the Problem

- Regulatory Changes
 - Secure all prescriptions
 - Report lost/stolen prescriptions
 - Quantity must be in numerical and written form
 - Report purchases of cs by distributors
 - ID unknown persons in a pharmacy
 - Prescribing to patients for pain

Tackling the Problem

- Outreach
 - Practitioners
 - Pharmacies
 - Law Enforcement
 - Educators
 - Public

Results

- Statewide Prescription Program
 - Reduced Health care cost
 - Encouraged E-Prescribing
 - Enhanced the PMP
 - Increased prescribing and dispensing of cs
1.3 mil to 3.2 million schedule II
 - On-line secure ordering process

Results

- Regulatory
 - Decrease in Lost/Stolen Prescription
 - Decrease in Forgeries
 - Decrease in counterfeit prescriptions
 - Created a new DMP
 - Increased accessibility of cs for legitimate medical need

Results

- Practitioner Notification Program
 - Decreased major “Doctor Shopping”
 - New web-based query of PMP data by practitioners is live

Results

- Outreach to the Practitioner Community
 - Increased the number of In-services
 - Guide on controlled substances prescribing
 - Guide on controlled substances diversion
 - Practitioner/Pharmacy Quarterly Newsletter
 - Doctor/Pharmacy Posters
 - Mass E-mails
 - Public website posting

Lessons Learned

- Involve all stakeholders
- Compromise
- Be willing to learn from others
- Have others take ownership
- Not everyone wants to hear what you have to say
- Report back to stakeholders